When the goalkeeper possesses the ball in either their hands or on a goal/free kick, the opposing team should move behind the build out line. Once the opposing team is behind the build out line, the goalkeeper can throw/roll the ball or pass to a teammate.

After the ball is put into play by the goalkeeper, by throwing/rolling the ball when the ball is in their hands or passing on a goal/free kick, the opposing team can cross the build out line and play resumes as normal.

*Note the goalkeeper is not required to wait for the opposing team to move behind the build out line. Once the goalkeeper puts the ball in play, the ball is live.

Updated 4/13/2023