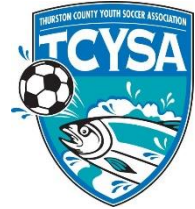


TCYSA Fall Season 2021 Policies - COVID-19 Edition



TCYSA is committed to providing the safest possible environment for all recreational soccer participants. The policies and guidelines below are intended to facilitate that commitment. However, given the dynamic nature of the current public health emergency, TCYSA may need to change and revise policies and guidance in accordance with changing conditions and updated information and requirements from state and local public health officials and/or Washington Youth Soccer. TCYSA member Clubs are expected to follow and enforce these policies.

As of 8/29/2021, the WA State Governor's Office and Department of Health are NOT requiring players, coaches, or spectators to wear masks at training or games, although they may choose to wear one. Physical distancing among spectators is strongly encouraged. TCYSA will continue to follow the guidance of these two offices with regards to the health and safety of players. Should any new guidelines come out that affect players, coaches, or spectators at training or games, this document will be updated and redistributed.

NOTE: Certain counties, clubs, or field providers may have tighter restrictions in place that may involve mask mandates, etc., and TCYSA players, coaches, volunteers, and spectators are expected to comply with any additional requirements.

The State and County requirements can be found here:

<https://www.governor.wa.gov/tags/covid-19-coronavirus>

<https://www.doh.wa.gov/Emergencies/COVID19/ClothFaceCoveringsandMasks>

<https://www.thurstoncountywa.gov/phss/Coronavirus>

TCYSA also follows Washington Youth Soccer Return to Play guidance which can be found here: <https://washingtonyouthsoccer.org/wp-content/uploads/2021/08/WYS-League-Protocols-Safety-Plan-Fall-2021.pdf>

Coach responsibilities:

- No coach that is sick or has signs or symptoms suggestive of COVID-19 may attend.
- Maintain physical distance (>6 feet) as much as possible.
- Make sure that your team has left the field within 5 minutes of the game ending.
- Clustering of players should be avoided. There should be no gathering and socializing before or after the game by players. Coaches should not assemble their teams closely together for instruction; players should be spaced at least 6 feet apart for team meetings or instruction.
- No handshakes or fist bumps during or after the game.

Field Marshalls & Discipline: Clubs are expected to provide volunteer field marshalls at game locations when requested for monitoring compliance with TCYSA's policies and Return to Play requirements. Coaches who do not comply after a reminder/warning will be subject to discipline similar to receiving a red card. The same with players who refuse to comply after a reminder/warning. Remember that TCYSA does deduct points from standings tallies for discipline/red card issuance.

Screening: Each participant (coach, player, and spectator) is expected to conduct their own screening prior to attending any practice or game. If a player is sick, they may not participate in games or practices and coaches should separate them from other players and contact their parent or guardian. Screening should include a temperature check (below 100 F) and monitoring for these common COVID-19 symptoms:

- | | |
|---|------------------------------|
| ○ Fever or chills | ○ Headache |
| ○ Cough | ○ New loss of taste or smell |
| ○ Shortness of breath or difficulty breathing | ○ Sore throat |
| ○ Fatigue | ○ Congestion or runny nose |
| ○ Muscle or body aches | ○ Nausea or vomiting |
| | ○ Diarrhea |

You can also use this symptom self-checker tool from Johns Hopkins Medicine, <https://www.hopkinsmedicine.org/coronavirus/covid-19-self-checker.html>

IN CASE OF A POSITIVE COVID-19 DIAGNOSIS:

When an athlete is diagnosed with COVID-19:

- Have the player stay home and isolate for 10 days.
- If the infected player was in contact with their team within 48 hours of diagnosis (date of positive test or date of symptom onset) – whichever was earlier), notify the parents/guardians that “someone” on the team has tested positive for the virus (do not reveal name of infected individual). Outdoor soccer activities are considered low risk exposures and do not require quarantine unless >15 minutes of contact with the infected individual within 6 feet over 24 hours, or other special circumstances (i.e., carpool, social or indoor exposure). Each player may choose to be tested for COVID-19 (especially non-vaccinated players).
- If the infected player played in a game with their team within 48 hours of diagnosis, Club COVID Contact must notify the opposing team immediately with suggestions as above.
- Infected player cannot return to practice or games until they have written medical clearance from their physician.
- Disinfectant all equipment.

When a coach has come in contact with or is infected with COVID-19:

- Get tested and stay home.
- Contact your club immediately.
- Inform the team – if you have maintained social distance from all your players, players do not necessarily need to get tested but it can be considered, as stated above.
- Disinfect all equipment.

TCYSA 2021 Fall Season Return to Play Rules

1. Be smart: **If you are sick, stay home.** This applies to everyone: players, coaches, and parents. If you have been sick, stay home for until fully recovered. This goes for any illness, not just COVID related symptoms, no one wants to catch any illness from another player or coach.
2. Screening: Coaches greet all participants before practice and ask if they have conducted their own screening for a temperature or symptoms. Also ask if they have been sick in the last 14 days or in direct contact with a person who is sick. Send home immediately if the answer is “yes.”
3. Sanitize: Have hand sanitizer available and encourage hand washing before and after all activities.
4. Group play: All activities must be limited to the max number allowed in the current phase.
5. No team events/huddles: No high-fives, handshakes, huddles, celebrations, team snacks or hugs. As much as we want to physically connect, this is not a safe practice for anybody right now.
6. Masks: Per state requirements, coaches and volunteers are not required to wear a mask during outdoor activities. However, participants may choose to wear masks.
7. Water bottles: to minimize accidental sharing of water, players must keep their water bottles in their own bag when not in use.
8. Virus reporting: TCYSA and member Clubs will partner with Washington State Department of Health and any local health department on any case investigations and contact tracing. For more information about case investigation and contact tracing visit this Department of Health webpage, <https://www.doh.wa.gov/Emergencies/NovelCoronavirusOutbreak2020COVID19/CaseInvestigationsandContactTracing>
9. If a specific field location has additional safety requirements, TCYSA will expect all participants (coaches, players, spectators) to abide by the location’s rules.
10. Have fun, stay positive: everyone is looking to each other to stay calm, supportive, and compassionate during this time.

TCYSA COVID-19 2021 Fall Season Game & Spectator Rules

TCYSA is excited to provide a recreational soccer season. We are all doing our best to be safe and follow state and local guidance. All coaches, players, family members and spectators must help us by following all safety measures while participating in or attending a TCYSA event.

1. Physical distancing is still encouraged. Spectators should avoid congregating in a way that makes physical distancing difficult.
2. Enjoy the match and exit. Players may arrive no earlier than 30 minutes prior to kickoff, and must depart as soon as possible, preferably within 10 minutes after the completion of the match. Spectators should only go to the field as close to the start of the match as possible—preferably not during any of the warmup period.
3. Stay 6 feet apart. At the field, unvaccinated individuals are asked to remain 6 feet away from non-household members. As a reminder, TCYSA sideline behavior policies remain in effect.
6. No team events/huddles. Teams should minimize any gathering as a group before, during and after the game. If necessary, coaches may spend a few minutes with the players, but there should be no huddles, snacks, cheers, celebrations, etc. Also, spectators should allow your player to come find you instead of going over to the team sideline to find him or her.
7. Feeling sick – stay home. If you are feeling sick, you must stay home. Even if you know or do not believe you have COVID symptoms, please stay home if you aren't feeling well – no one wants to catch what you may have. All participants (coaches, players, spectators) must conduct their own COVID-19 symptoms screening prior to attending a game. One screening tool is available at <https://www.hopkinsmedicine.org/coronavirus/covid-19-self-checker.html>
8. TCYSA Sideline Behavior Policy. [TCYSA's Sideline Behavior Policy](#) remains in effect for all those attending TCYSA events.

As our recreational soccer season returns to something more typical, we need to continue to be aware of safety protocols. In order for us to continue to provide recreational soccer we all need to do our part to comply with the mandates and restrictions set forth by health officials. It is up to all of us to provide a safe and enjoyable playing environment. We appreciate your efforts in that regard.